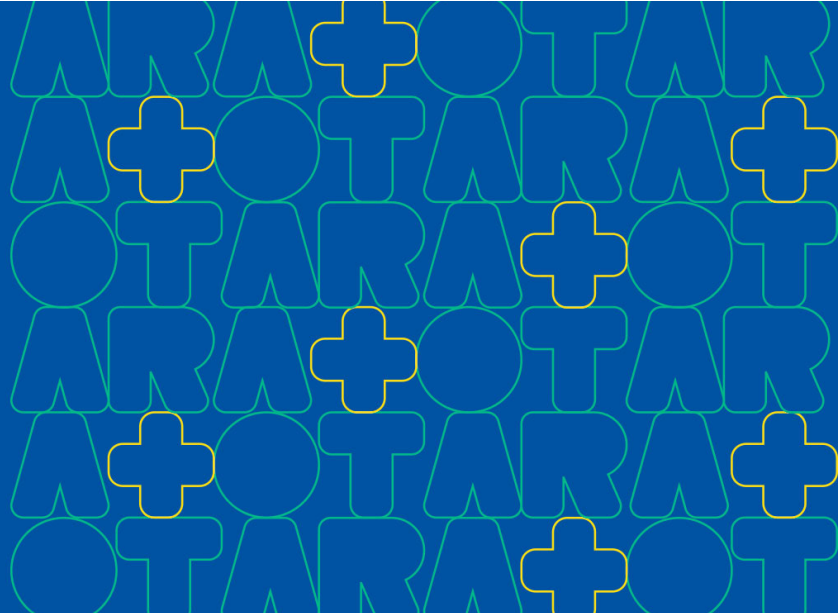




OTARA HEALTH
CHARITABLE TRUST

PEPI PODS

Safe Sleep Education and Pepi-Pods



The Kaitohutohu (Navigator) team are all trained to provide education and support on smokefree and safe sleep. We are part of the Pepi-pod programme developed by Change for our Children and aimed at supporting families in protecting their children from avoidable deaths in infancy (SUDI). With a grant from the SkyCity Community Trust we purchased a number of pepi-pods which we provide free of charge to families in the community whose babies are considered high risk of SUDI.

A Pepi- pod is a general purpose storage box that converts to a baby sized bed with the addition of an attractive cover, fitting mattress and bedding. It offers babies a protected space when they sleep in, or on, an adult bed, on a couch, in a makeshift setting, or away from home.

For more information on the Pepi-pod programme see their website.

If you need help, or to find out more about how to refer a family for a pepi-pod or receive the pepi-pod education please contact the Kaitohutohu team on 274 8355.

